

GUELPH-WELLINGTON

ACCESS TO RECREATION GUIDE

UPDATED OCTOBER 2013



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The purpose of this guide is to share information about free and low-cost recreational opportunities and subsidies available in Guelph-Wellington.

If your group would like to be listed in a future version of this guide, or if you want to correct any information, please send an email to info@gwpoverty.ca.

This guide is available online at:

www.gwpoverty.ca

Thank you to the following organizations for their support with this project:



FREE & LOW-COST PROGRAMS - GUELPH

Who offers it & where is it?	What is it?	Who is it for?	Is there a cost?	Are there bike racks available?
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VARIETY PROGRAMING

1	<p>STEPS</p> <p>Wyndham House Youth Resource Centre</p> <p>519-822-2768 steps@wyndhamhouse.org</p> <p>Locations vary</p>	<p>Sport and recreation programs (i.e. running, yoga, volleyball, bowling).</p> <p>Shoes, clothing, sport-specific equipment, and bus tickets provided if needed.</p> <p>Monthly program calendars available: http://www.wyndhamhouse.org/steps/</p>	Ages 15 to 24	No	Depends on activity location.
2	<p>Youthopia</p> <p>Immigrant Services</p> <p>519-836-2222 youth@is-gw.ca</p> <p>Program locations vary</p>	<p>Youth zone drop-in program for immigrants (they do recognize that this is a broad term, and all youth are welcome to join and participate).</p> <p>Please call or email for more information.</p>	Ages 13 to 19	No	Depends on activity location.
3	<p>Perpetual Motion</p> <p>519-222-0095 info@perpetualmotion.org www.perpetualmotion.org</p> <p>Sport locations vary</p>	<p>Scheduled year round co-ed sports league. All skill levels welcome – beginner, recreational and competitive.</p> <p>Specializes in soccer, volleyball, beach volleyball, flag football, ultimate Frisbee, disc golf and dodgeball.</p> <p>Games are co-ed and self-officiated.</p>	Ages 18 and up	Cost per person is \$40-\$50, but team rates are also available.	Depends on activity location.

	Who offers it & where is it?	What is it?	Who is it for?	Is there a cost?	Are there bike racks available?
4	Game On Guelph 519-829-2224 info@gameonguelph.ca www.gameonguelph.ca	<p>Scheduled year round co-ed sports league. All skill levels welcome – beginner, recreational and competitive.</p> <p>Offering the greatest variety of sports, both indoor and outdoor, in Guelph. Specializing in: soccer, volleyball, flag football, ultimate frisbee, ball hockey, curling, ice hockey, basketball, soccer baseball and dodgeball.</p>	Ages 18 and up	Cost per person is approx. \$40 (\$65 for winter sports), but team rates are also available.	Depends on activity location.
5	Brant Women's Yoga Brant Ave. School Gym 64 Brant Ave Karrie Cumming 519-821-5363 ext. 268 karrie.cumming@guelphchc.ca	<p>Free drop-in women's yoga. Mondays 6:15pm – 7:15pm (year round). Registration completed at first attendance to program.</p> <p>This program is for people living in the Brant Neighbourhood or those who identify with the Guelph Community Health Centre's priority populations.</p>	All ages	No	Yes
6	Brant Zumba Brant Ave. School Gym 64 Brant Ave Karrie Cumming 519-821-5363 ext. 268 karrie.cumming@guelphchc.ca	<p>Free drop-in Zumba class. Wednesdays 6:15 – 7:15pm (September to June). Registration completed at first attendance to program.</p> <p>This program is for people living in the Onward Brant Neighbourhood or those who identify with the Guelph Community Health Centre's priority populations.</p>	All ages	No	Yes
7	Shelldale Yoga Shelldale Centre Gym 20 Shelldale Crecent Karrie Cumming 519-821-5363 ext. 268 karrie.cumming@guelphchc.ca	<p>Free drop-in yoga. Wednesdays 12-1pm (September to June). Registration completed at first attendance to program.</p> <p>This program is for people living in the Onward Willow Neighbourhood or those who identify with the Guelph Community Health Centre's priority populations.</p>	All ages	No	Yes

	Who offers it & where is it?	What is it?	Who is it for?	Is there a cost?	Are there bike racks available?
8	<p>Shelldale Women's Yoga Shelldale Centre Gym 20 Shelldale Crescent</p> <p>Karrie Cumming 519-821-5363 ext. 268 karrie.cumming@guelphchc.ca</p>	<p>Free drop-in women's yoga. Tuesdays 12 - 12:30pm (September to June). Registration completed at first attendance to program.</p> <p>This program is for people living in the Onward Willow Neighbourhood or those who identify with the Guelph Community Health Centre's priority populations.</p>	Women only	No	Yes
9	<p>Shelldale Zumba Shelldale Centre Gym 20 Shelldale Crescent</p> <p>Karrie Cumming 519-821-5363 ext. 268 karrie.cumming@guelphchc.ca</p>	<p>Free drop-in Zumba class. Thursdays 6:30 - 7:30pm (year round). Registration completed at first attendance to program.</p> <p>This program is for people living in the Onward Willow Neighbourhood or those who identify with the Guelph Community Health Centre's priority populations.</p>	All ages	No	Yes
10	<p>Get Active Grades 6-7-8 Sports Night West Willow Woods Neighbourhood Group Westwood Public School Gym 495 Willow Rd Linda Busuttill 519-826-9930 wwwng@bellnet.ca</p>	<p>Tuesday Sports Night!</p> <p>This is an organized sports activity night for youth. Everyone is taught basic sport skills and then the group is organized into intramural teams.</p> <p>This activity is supervised by a staff of the West Willow Village and supported by adult volunteers. Boys and girls welcome, no experience is required!</p>	Ages 11 to 14	No, but they recommend that you live in the West Willow Village	Yes
11	<p>Youth Drop-In West Willow Woods Neighbourhood Group Westwood Public School Gym 495 Willow Rd Linda Busuttill 519-826-9930 wwwng@bellnet.ca</p>	<p>Thursday evenings from 7pm to 9pm.</p> <p>The Drop-In offers an opportunity for pick-up basketball, soccer, volleyball, and other sports as decided by the youth in attendance.</p>	Ages 14 to 18	No, but they recommend that you live in the West Willow Village	Yes

	Who offers it & where is it?	What is it?	Who is it for?	Is there a cost?	Are there bike racks available?
12	Adult Zumba West Willow Woods Neighbourhood Group Westwood Public School Gym 495 Willow Rd Linda Busuttil 519-826-9930 wwwng@bellnet.ca	This fitness class is led by a qualified Zumba instructor. Child minding is available in the West Willow Village portable behind the school while Zumba class is in progress.	Ages 18 and up	No, but they recommend that you live in the West Willow Village	Yes
13	Moksha Yoga 78 Norfolk Sreet 519-822-2210 info@mokshayogaguelph.com	Karma and Community Classes (i.e. low-cost yoga). Friday evenings from 6:30-7:30pm & Wednesday mornings from 9:30-10:45am for \$6. No registration required, fill out a waiver upon arrival.	Ages 16 and up	Yes. \$5 on Friday and \$6 on Wednesday mornings.	Yes
14	Tot-N-Play *Royal Distributing Athletic Performance Centre 7384 Wellington Rd 30 Dave Nichol 519-856-9596 ext. 201 dnichol@get.on.ca	Drop in free play to use the turf field and equipment. Monday, Wednesday and Friday 10am-12pm. Clean/indoor shoes are required.	Ages 5 and under	\$3 per child or \$10 for 4 or more	Yes
15	Zoomer Games *Royal Distributing Athletic Performance Centre 7384 Wellington Rd 30 Dave Nichol 519-856-9596 ext. 201 dnichol@get.on.ca	Organized games social activities for older adults. Games include: badminton, washer toss, golf chipping and other fun activities low impact activities. Tuesday & Thursday from 10:00am to 11:00am. Clean/indoor shoes are required.	All ages, but targeted at older adults and seniors	\$2 drop-in fee	Yes

	Who offers it & where is it?	What is it?	Who is it for?	Is there a cost?	Are there bike racks available?
16	YMCA-YWCA SHARKS Swim to Survive Program YMCA-YWCA of Guelph 130 Woodland Glen Drive Joel McCallum 519-824-5150 ext. 226	The SHARKs is a local learn to swim program for all grade 3 and 5 students at all schools in Guelph For more information or to register, please contact your child's school or the YMCA-YWCA of Guelph.	Grade 3 and 5 students	No, but must be registered in a district public, private or catholic school	Yes
17	Speed River Paddling 116 Gordon Street Guelph Lake Conservation 7743 Conservation Dr. RR4 519-822-5692 speedriverpaddling@hotmail.com	Canoe and kayak rental at the Boathouse and Guelph Lake Conservation area. Open Tuesday - Sunday from 10:00am to 7:00pm until Labour Day weekend, then 10:00am to 7:00pm on weekends until Thanksgiving. Reservations may be necessary if the weather is nice!	All ages	Kayak/Canoe rental per hour \$10/12 Tue-Fri \$12/15 Sat-Sun	Yes
18	Outdoor Gym West End Community Centre 21 Imperial Road South Behind building outside concession area doors. 519-837-5657	All natural outdoor gym. Unsupervised. No membership required. Open to all during facility hours: Mon-Fri from 6:00am - 11:00pm Sat-Sun from 8:00am - 9:00pm	All ages	No	Yes
19	Evergreen Community Senior Centre Guelph Wellington Seniors Association Recreation Facility 683 Woolwich St 519- 823-1291 www.gwsa-guelph.ca	The community centre open to everyone, and has a public dining room with daily hot lunches at reasonable prices. Anyone is welcome to come to the Centre at any time, use the dining room, view the Art hanging in the hall, check out the craft shop, or sit in the front foyer or the book nook. During heat advisories, we are a cooling centre. The Guelph Wellington Seniors Association runs over 20 different recreational clubs and programs which include activities such as: badminton, card games, dancing, darts, golfing, shuffleboard, skiing, table tennis, tai chi, walking groups and so much more!	Ages 55 and up	The Guelph Wellington Seniors Association (GWSA) charges an annual membership fee of \$22.00 (+hst). With this, members have	No

		For more information about the various clubs and programs please phone the centre.		an opportunity to take part in the many (39+) Activity groups that they offer, as well as receive discounted rate to seniors programs offered at Evergreen.	
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WALKING & RUNNING PROGRAMING

19	<p>Walking Group Guelph Family Health Team YMCA-YWCA location: 130 Woodland Glen Drive 519-837-4444 info@guelphfht.com</p>	<p>Free drop-in walking group. Tuesday & Thursday from 6pm – 8pm. *Includes pedometer.</p> <p>Group walks on the indoor track at the YMCA-YWCA during bad weather.</p>	Ages 18 and up	No	Yes
20	<p>in motion Walking Group Shelldale Centre Gym 20 Shelldale Crecent Karrie Cumming 519-821-5363 ext. 268 karrie.cumming@guelphchc.ca</p>	<p>Free drop-in walking group. Mondays 10am-11am (year round). Registration completed at first attendance to program</p> <p>This program is for people living in the Onward Willow Neighbourhood or those who identify with the Guelph Community Health Centre’s priority populations.</p>	All ages	No	Yes
21	<p>The Running Works 33 Quebec Street 519-763-8033</p>	<p>Structured open running/walking groups. Saturdays at 8:00am. ALL levels and abilities can participate. No registration required. Offered year round. The group meets inside the store.</p>	Ages 16 and up	No	Yes
22	<p>The Running Room 160 Kortright Road West 519-763-6608</p>	<p>Free running and walking groups on Wednesday at 6:30pm and Sundays at 8:30am. ALL levels and abilities can participate. No registration required. Offered year round. The group meets inside the store.</p>	Ages 16 and up	No	Yes

23	<p>Guelph Hiking Trail Club</p> <p>Dave Culham 519-716-8273 dculham@gmail.com</p>	<p>Organized hikes of varying length throughout the year, and some cross-country skiing outings in winter months.</p> <p>Members keep in touch through a regular club newsletter and e-mail updates.</p> <p>For scheduled hikes please refer to the calendar of event of their website: http://www.guelphhiking.com/</p>	All ages	Yes. \$25 annual member fee	Depends on activity location.
24	<p>Indoor Track Walking/Running</p> <p>*Royal Distributing Athletic Performance Centre 7384 Wellington Rd 30</p> <p>Dave Nichol 519-856-9596 ext. 201 dnichol@get.on.ca</p>	<p>Open daily 8:00am to 8:00 pm for drop-in walking or running (organized teams must book track time slots).</p> <p>Clean/indoor shoes are required.</p> <p>July/August hours: 8:30am to 4:30pm</p> <p>Holiday hours subject to change.</p>	All ages, but children under 15 should be with an adult.	\$2 drop-in fee	Yes
25	<p>Running Shoe Program</p> <p>Located at the Guelph Community Health Centre: 176 Wyndham St North</p> <p>Karrie Cumming 519-821-5363 ext. 268 karrie.cumming@guelphchc.ca</p>	<p>Free, gently used running shoes. No registration or paperwork required. Shoe sizes and styles are based on donation availability.</p> <p>The program primarily serves Guelph Community Health Centre priority populations, but shoes can be made available to all.</p>	All ages	No	Yes

*The Royal Distributing Athletic Performance Centre's schedule and program guide may change each month. For up-to-date information, please visit their website, <http://www.get.on.ca/rdapc/default.aspx> or call their direct line, 519-265-7905.

FREE & LOW COST PROGRAMS - WELLINGTON

	Who offers it & where is it?	What is it?	Who is it for?	Is there a cost?	Are there bike racks available?
1	<p>Swim to Survive Program</p> <p>Centre Wellington Sportsplex 550 Belsyde Ave, Fergus</p> <p>Bruce Parkin 519-843-2800 ext. 34 bparkin@centrewellington.ca</p>	Learn to swim program for ALL grade three students in Centre Wellington and area schools.	Grade 3 students	No	Yes
2	<p>Equipment Bag Rentals</p> <p>Centre Wellington Sportsplex 550 Belsyde Ave, Fergus</p> <p>Dorothy Smith 519-843-2800 ext. 22 dsmith@centrewellington.ca</p>	Fitness class equipment bags for 1 week sign-out. Self-instructed dryland training for groups. Includes instruction manuals.	All ages	No	Yes
3	<p>Adult and Tot Skate</p> <p>Centre Wellington Sportsplex 550 Belsyde Ave, Fergus</p> <p>Elora Community Centre 29 David St W, Elora</p> <p>Dorothy Smith 519-843-2800 ext. 22 dsmith@centrewellington.ca</p>	<p>Drop in with your child for free skating:</p> <p>Centre Wellington Sportsplex: Tue & Thurs: 10am-11am & 2pm-3pm</p> <p>Elora Community Centre: Mon & Wed: 11am-12pm & 2pm-3pm</p>	All Ages	No	Yes

	Who offers it & where is it?	What is it?	Who is it for?	Is there a cost?	Are there bike racks available?
4	<p>Awareness Yoga 44 Mill Street W, Elora</p> <p>519-994-0403 jenn@awarenessyoga.ca www.awarenessyoga.ca</p>	<p>Free and low-cost Yoga. Karma Yoga - first Friday of every month (pay what you can as a donation to the community) from 6pm-8pm.</p> <p>Sliding scale registration based on income. Call for details. Income statement required at registration.</p> <p>Call or email to register for classes.</p>	Grade three students	Yes, but call for more information.	Yes
5	<p>Try It Sports Program</p> <p>Harriston Arena 111 George Street, Harriston</p> <p>Palmerston Arena 520 Cavan Street, Palmerston</p> <p>Clifford Arena 2 Brown Street, Clifford</p> <p>Matthew Lubbers 519-338-2511 ext. 240 matt@town.minto.on.ca www.town.minto.on.ca</p>	<p>Every spring and summer kids are given the opportunity to try different sports in a fun learning environment.</p> <p>5 sports over 9 weeks.</p> <p>The program runs late March to mid-May. To register contact Matthew Lubbers.</p> <p>Full caged helmet required for ball hockey and lacrosse.</p>	Ages 5 to 10	\$30 per child	Yes
5	<p>Hometown Ball</p> <p>Harriston Arena 111 George Street, Harriston</p> <p>Matthew Lubbers 519-338-2511 ext. 240 matt@town.minto.on.ca www.town.minto.on.ca</p>	<p>Non-competitive, mixed, fun league offers children the opportunity to play baseball in their hometown.</p> <p>The teams will be formed according to the amount of children registered.</p> <p>T-Ball is offered for children ages 3-5 and 3-pitch is offered for children ages 6-14. Parent coaches required.</p> <p>Wednesday evenings.</p> <p>To register contact Matthew Lubbers.</p>	Ages 3 to 14	\$30 per child	Yes

	Who offers it & where is it?	What is it?	Who is it for?	Is there a cost?	Are there bike racks available?
6	Grassroots Soccer Town of Minto - Recreation Department 519-338-2511 ext. 232 www.town.minto.on.ca	Kids aged 3-11 learn fundamental soccer skills in a non-competitive environment. Runs for 10 weeks (June through August). To register contact, Town of Minto Recreation Department.	Grade three students	\$30 per child	Yes
7	Free Skate & Parent and Tot Skate Harriston Arena 111 George Street, Harriston Palmerston Arena 520 Cavan Street, Palmerston Clifford Arena 2 Brown Street, Clifford Matthew Lubbers 519-338-2511 ext. 240 matt@town.minto.on.ca www.town.minto.on.ca	Free Skate Weekends. For times at each arena see schedule posted in October each year. Parent & Tot Skate Mondays at Harriston Arena: 10am-12pm Wednesdays at Palmerston Arena: 10am-12pm Thursdays at Clifford Arena: 1pm-3pm <i>During ice season only. No registration required.</i>	All ages for the free skate. Parent and tots aged 5 and under.	No	Yes
8	Erin Hoops After School Drop-In Main Place Erin Public School 185 Main Street, Erin Patrick Suessmuth 519-833-2058 helps@erinhoops.ca www.erinhoops.ca	A safe, supervised place for kids to play after school. No registration required. Drop-in only. Open each day after school from 3 to 6 pm throughout school year. Children aged 6 & 7 should be accompanied by a parent or older sibling until they are familiar with Main Place. Over 100 different activities. Summer and school break camps also offered (see website).	Ages 6 and up	FREE Donation based.	Yes

	Who offers it & where is it?	What is it?	Who is it for?	Is there a cost?	Are there bike racks available?
9	<p>Awareness Yoga 44 Mill Street W, Elora</p> <p>519-994-0403 jenn@awarenessyoga.ca www.awarenessyoga.ca</p>	<p>Free and low-cost Yoga. Karma Yoga - first Friday of every month (pay what you can as a donation to the community) from 6pm-8pm.</p> <p>Sliding scale registration based on income. Call for details. Income statement required at registration.</p> <p>Call or email to register for classes.</p>	Ages 16 and up	Yes, but call for more information.	Yes
10	<p>Indoor Walking Group Arthur and Area Community Centre (519) 848-3820 158 Domville Street, Arthur</p>	<p>No registration required. Call for more information.</p> <p>Indoor shoes only (no black soles.) Track will be closed on Statutory Holidays.</p> <p>Runs from October to April in the lower hall. Tuesdays, Wednesdays and Thursday from 9:30am to 10:30am.</p>	All ages, but children under 14 years of age must be accompanied by an adult	No	Yes
11	<p>Victoria Park Seniors Centre 150 Albert St W, Fergus (519) 787-1814</p>	<p>This facility is a recreation centre for older adults and is open Monday to Friday 9:00 a.m. to 4:00 p.m. with the exception of statutory holidays. Please call for more information about programming.</p>	Ages 55 and up	Yes. Please call for more information.	Yes

POOLS, SPLASH PADS & ICE RINKS - GULPH

Where is it?	What is it? When can I go?
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POOLS – City of Guelph

<p>1. Centennial Pool (outdoor pool) 289 College Ave W 519-837-5620</p> <p>2. Lyon Park (outdoor pool) 299 York Rd</p> <p>3. Victoria Road Recreation Centre (indoor pool) 151 Victoria Rd N 519-837-5621</p> <p>4. West End Community Centre 21 Imperial Rd S (indoor pool) (519) 837-5657</p>	<p>Most community pools offer FREE (or low-cost) drop-in swim times, but hours and rates vary so please call the facility for more details.</p> <p>For more information please call the Community Services Department at the City of Guelph, 519-837-5618 or visit their website: http://guelph.ca/living/recreation/recreation-programs/swimming/</p> <p>For the City of Guelph Swimming Pool Admittance Policy please refer to their website: http://guelph.ca/living/recreation/recreation-programs/swimming/</p> <p>**Conservation areas such as: Guelph Lake, the Elora Quarry, Belwood Lake, Rockwood and Conestogo Lake also offer public swimming areas during the summer months for a nominal day fee. For more information please visit the Grand River Conversation Authority website: http://www.grandriver.ca/index.cfm</p>
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WADING POOLS – City of Guelph

<p>1. Exhibition Park 81 London Rd W</p> <p>2. Mico Valeriotte Park 235 Elizabeth St</p> <p>3. Sunny Acres Park 45 Edinburgh Rd N</p>	<p>FREE wading pools during summer months. Unlimited access! Open June 29 – September 2, 2013</p> <p>Exhibition Park – 12pm - 6pm Mico Valeriotte Park – 1pm – 6pm Sunny Acres Park – 12pm – 6pm</p> <p>Dates and hours may change. Please refer to the City of Guelph website for more detailed information: http://guelph.ca/living/recreation/</p> <p>A wading pool is a shallow pool. Fun for all ages!</p>
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Where is it?

What is it? When can I go?

SPLASH PADS – City of Guelph

<p>1. Hanlon Creek Park 505 Kortright Rd W</p> <p>2. Norm Jary Park 22 Shelldale Crescent</p> <p>3. Waverley Park 76 Balmoral Dr</p> <p>4. West End Community Centre 21 Imperial Rd S</p>	<p>FREE outdoor splash pads during summer months. Unlimited access!</p> <p>Open: June 29 to September 2, 2013</p> <p>Hanlon Creek Park – 10am - 7 pm Norm Jary Park – 10 am -7 pm Waverley Park – 11 am - 7 pm West End Community Centre - Mon to Fri 10 am - 7 pm; Sat and Sun 10 am – 5pm</p> <p>Dates and hours may change. Please refer to the City of Guelph website for more detailed information: http://guelph.ca/living/recreation/</p> <p>A splash pad is an area for water play that has no standing water. Fun for all ages!</p>
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INDOOR ICE RINKS – City of Guelph

<p>1. Centennial Park Arena 376 College Ave W 519-837-5623</p> <p>2. Exhibition Park Arena 70 Division Street 519-837-5624</p> <p>3. Sleeman Centre 50 Woolwich St 519-822-4900</p> <p>4. West End Community Centre 21 Imperial Rd S 519-837-5657</p>	<p>All rinks are seasonal, open from September to April each year.</p> <p>All facilities offer public skates, but times and days of the week are subject to the location. Cost may also vary with the location so please call each rink for more information.</p>
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OUTDOOR ICE RINKS – City of Guelph

Community Ice Rinks are maintained by Neighbourhood Volunteers.

You are invited to share the use of these unsupervised ice rinks.

As the use of an ice skating rink and other recreational facilities has an inherent risk, *any participation is at the user's own risk*. No responsibility is accepted or undertaken for the well-being of either the user or their property. The City of Guelph reserves the right to approve locations that are best suited for each neighbourhood and have the infrastructure in place to operate an outdoor ice rink.

The City of Guelph provides the water hoses, storage boxes, pond hockey nets, hydro and lights with a timer to create these rinks. Volunteers and neighbourhood groups from the community do the rest.

If you have some extra time, and would like to volunteer at your neighbourhood ice rink, please contact the City of Guelph at 519-837-5628.

Ice rink availability is based on weather and volunteers. Not all of these rinks may be operational each winter.

Brant Avenue Park 601 Woodlawn Rd E	Drew Park 29 Drew St	Herb Markle Park 175 Cardigan St	Mollison Park 85 Downey Rd	St. George's Park 40 Metcalfe St
Bristol Street Park 210 Wellington St E	Franchetto Park 24 Franchetto Blvd	Howitt Park 81 Beechwood Ave	Norm Jary Park 22 Shelldale Crescent	Stephanie Drive Park 275 Stephanie Dr
Burns Drive Park 25 Burns Dr	Goldie Park 63 Memorial Crescent	Kortright Hills Park 165 Milson Crescent	Oak Street Park 35 Oak St	Sunny Acres Park 45 Edinburgh Rd N
Carter Park 1 Fletcher Ct	Golfview Park 40 Golfview Rd	Lyon Park 299 York Rd	Palermo Park 34 Palermo Crescent	Water Street Park 301 Water St
Dakota Park 40 Dakota Dr	Grange Road Park 598 Grange Rd	MacAlister Park 35 Hands Dr	Peter Misersky Park 122 Hadati Rd	Waverley Park 76 Waverley Dr
Deerpath Park 18 Deerpath Dr	Green Meadows Park 245 Stevenson St N	Market Square Skating Rink 1 Carden St	Skov Park 580 Eramosa Rd	Wilson Farm Park 80 Simmonds Dr
Dovercliffe Park 38 Dovercliffe Rd	Hartsland Park 161 Rickson Ave	Mayfield Park 19 Mayfield Ave	Steffen Park 215 Ironwood Rd	Wolfond Park East 230 Arthur St N

POOLS, SPLASH PADS & ICE RINKS - WELLINGTON

Where is it?

What is it? When can I go?

POOLS – Wellington County

<p>CENTRE WELLINGTON</p> <p>1. Centre Wellington Community Sportsplex 550 Belsyde Ave, Fergus</p>	<p>Free swimming to the first 40 kids on the first Saturday of every month.</p>
<p>WELLINGTON NORTH</p> <p>1. Arthur & Area Aquatic Centre 158 Domville St, Arthur (outdoor pool)</p> <p>2. Lions Roy Grant Pool 393 Parkside Dr, Mount Forest (outdoor pool)</p>	<p>The Recreation Department of Wellington North operates two <i>outdoor pools</i> within the Township of Wellington North, Arthur & Area Aquatic Centre in Arthur and Lions Roy Grant Pool in Mount Forest.</p> <p>Admission Fees: \$2 for children 5 and under, \$3.50 for all ages 5 and up. Seasons passes are also available. Please call, or visit locations for more details.</p>
<p>TOWN OF MINTO</p> <p>1. Palmerston Public Pool Main Street (outdoor) Palmerston, 519-343-5720</p> <p>2. Harriston Pool 35 Raglan St. (outdoor) Harriston, 519-338-2994</p>	<p>Call for public swim times and program schedule during operating months.</p>

SPLASH PADS – Wellington County

<p>1. Millburn Boulevard Park 330 Millburn Boulevard, Fergus 519-843-2800 ext. 29 **OPENING IN 2014</p> <p>2. O'Brien Park Clyde St. & Water St, Elora 519-843-2800 ext. 29</p> <p>3. Palmerston Splash Pad Main Street, Palmerston 519-343-5720</p> <p>4. Rockmosa Park 74 Christie St, Rockwood</p>	<p>FREE outdoor splash pads during summer months. Unlimited access!</p> <p>Open: June 29 to September 2, 2013 Dates and hours may change. Please call for more details.</p> <p>A splash pad is an area for water play that has no standing water. Fun for all ages!</p>
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INDOOR ICE RINKS – Wellington County

<p>CENTRE WELLINGTON</p> <p>1. Centre Wellington Community Sportsplex 550 Belsyde Avenue, Fergus</p>	<p>Call for public skate times and program schedule during operating months.</p>
<p>WELLINGTON NORTH</p> <p>1. Mount Forest & District Sports Complex 850 Princess Street (519) 323-1801</p> <p>2. Arthur and Area Community Centre 158 Domville Street, Arthur (519) 848-3820</p>	<p>Call for public skate times and program schedule during operating months.</p>

<p>TOWN OF MINTO</p> <p>1. Clifford Arena 2 Brown Street Clifford ON N0G 1M0 519-327-8100 cliffordarena@town.minto.on.ca</p> <p>2. Harriston Arena 111 George Street Harriston, 519-338-3015 harristonarena@town.minto.on.ca</p> <p>3. Palmerston Arena 520 Cavan Street Palmerston, 519-343-3860 palmerstonarena@town.minto.on.ca</p>	<p>Call for public skate times and program schedule during operating months.</p>
<p>EAST WELLINGTON</p> <p>1. Hillsburgh Community Centre 95 Trafalgar Rd, Hillsburgh (519) 855-4417</p> <p>2. Erin Community Centre/Erin Centre 2000 14 Boland Drive, Erin (519) 833-2114 ext. 21</p>	<p>Call for public skate times and program schedule during operating months.</p>

OUTDOOR ICE RINKS – Wellington County

Community Ice Rinks are maintained by Neighbourhood Volunteers. As the use of an ice skating rink and other recreational facilities has an inherent risk, *any participation is at the user's own risk*. No responsibility is accepted or undertaken for the well-being of either the user or their property.

Ice rink availability is based on weather and volunteers. Not all of these rinks may be operational each winter.

ELORA

Elora and District Community Centre (located behind the arena)

29 David St
519-846-0411

Drimmie Park

Keating Dr

Bissell Park

127 East Mill St

FERGUS

Beatty Park

Corner of Johnston St, and St. Andrew St

Strait Park

Garafraxa Street West and Provost Lane

Highland Park

Highland Park is surrounded by streets on three sides: Albert, St. David Street south and Princess Street.

Webster Park

Churchill Crescent

Strathallen Park

Strathallen St

Graham Park

Douglas Crescent

BELWOOD

Belwood Ball Diamond

ARTHUR

Arthur Community Center (behind arena)

158 Domville Street, Arthur ON

SUBSIDIES - GUELPH-WELLINGTON

	Who offers it & where is it?	What is it?	Who is it for?	Subsidy Amount
1	<p>Children's Foundation of Guelph and Wellington</p> <p>1-877-826-9551 519-826-9551 ext. 21 grants@childrensfoundation.org www.childrensfoundation.org</p>	<p>This organization provides financial assistance for children in Guelph and Wellington wanting to participate in sports, cultural and recreational activities. Application forms can be found on their website or through request by phone.</p> <p>Sample activities include: music lessons, dance, soccer, swimming, tennis, martial arts, hockey and so much more!</p> <p>Office hours: Monday to Friday 9am-5pm</p>	Ages 18 and under	Depends on the subsidy amount
2	<p>YMCA – YWCA of Guelph</p> <p>Bruce Bailey brucebailey@guelphy.org</p>	<p>Everyone Welcome. The YMCA-YWCA of Guelph offers subsidized individual and/or family memberships, camper programs, and/or Child Care.</p> <p>All interested individuals are invited to inquire, and a confidential interview appointment will be arranged. Interviews are 15-20 minutes in length, and the Y requires at least 1 adult be present to represent the family. Individuals will be asked to fill out and submit a financial assistance form.</p> <p>More information about the program can be accessed on the Y's website: http://www.guelphy.org/membership/financial-assistance/</p>	All ages	Subsidy varies according to family unit size and annual income.
3	<p>FAIR – City of Guelph</p> <p>City of Guelph - Inclusion and Volunteer Service</p> <p>519-837-5618 communityservices@guelph.ca</p>	<p>FAIR (Fee Assistance in Recreation) is a confidential fee assistance program for adults and seniors living in Guelph who are wishing to access recreational activities. The fee assistance can be used for a combination of passes, punch passes and classes. Individuals may qualify for this subsidy during each calendar year based on their family income as per the Statistics Canada LICO (Low Income Cut Off) measure.</p> <p>More information can be found on the City's website: http://guelph.ca/living/recreation/recreation-programs/support-services/</p>	Ages 18 and up	A discount of up to \$250

4	<p>PAL Card – City of Guelph</p> <p>City of Guelph Accessibility Coordinator 1 Carden Street, Guelph 519-822-1260 ext. 2670</p> <p>PAL applications are reviewed on the 15th and 30th of each month.</p>	<p>A “PAL” card is available to people with a disability who require assistance: to attend City of Guelph recreation programs or to ride Guelph Transit conventional and mobility services. The “PAL” card is issued to the person with the disability and allows him or her to be accompanied by a friend, relative, support worker, etc., as their support person who participates as an attendant at no additional cost.</p> <p>A support person can be a different person each time but he/she will help the person with a disability with tasks related to communication, mobility, personal care or medical needs or with access to goods or services. Exceptions: Ticket charges for the support person at River Run Centre and Sleeman Centre apply.</p> <p>There are certain eligibility requirements that must be met to obtain a PAL Card. Application forms are available from the Community Services Department Administration at City Hall, or by contacting the Accessibility Coordinator at 519-822-1260 ext. 2670.</p> <p>NOTE: PAL Cards are also available for a temporary disability or injury. Professional PAL Cards are available to qualifying agencies serving individuals with a disability to use with their clients/consumers as part of their treatment.</p>	<p>Persons with a disability who require assistance to attend City of Guelph recreation programs, or to ride Guelph Transit.</p>	<p>Not available</p>
5	<p>LAC Card – City of Guelph</p> <p>City of Guelph Accessibility Coordinator 1 Carden Street, Guelph 519-822-1260 ext. 2670</p> <p>LAC applications are reviewed on the 15th and 30th of each month.</p>	<p>The Leisure Access Card is available to any adult who has a disability. The LAC card allows you to pay the “seniors’ rate” (where applicable) rather than the “adult rate” for many of the Community Services Department courses/programs.</p> <p>The LAC Card can be used at any public swim, public skating, or to purchase fitness passes. NOTE: The Leisure Access Card does not include access to, or membership into, any Guelph-Wellington Seniors’ Association Clubs.</p> <p>There are certain eligibility requirements that must be met to obtain a LAC Card. Application forms are available from the Community Services Department Administration at City Hall, or by contacting the Accessibility Coordinator at 519-822-1260 ext. 2670. LAC Cards are also available for a temporary disability or injury.</p>	<p>Adults 18 years and older who have a disability</p>	<p>Not available</p>

*More information on the City of Guelph’s recreational subsidies can be found on their website: <http://guelph.ca/living/recreation/recreation-programs/support-services/>

