



# THE IMPACT OF WORKING POVERTY ON HEALTH & WELLBEING IN GUELPH-WELLINGTON

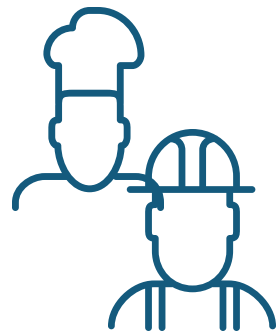
FULL REPORT AVAILABLE: [WWW.GWPOVERTY.CA](http://WWW.GWPOVERTY.CA)  
DECEMBER 2017



## PERCENTAGE OF WORKING POOR INDIVIDUALS AMONG THE WORKING AGE POPULATION IN GUELPH-WELLINGTON



**66%** of the working poor do not make enough to support their family



**18%** of the working poor hold multiple jobs to help make ends meet



Only **11%** of the working poor think they will have enough money to retire at age 65

## IN WELLINGTON COUNTY, WORKING POOR RATES ARE HIGHEST IN WELLINGTON NORTH, MINTO, MAPLETON & GUELPH



While **76%** of the working poor report their work schedule provides time for recreation, only **22%** say their income is enough to afford participating



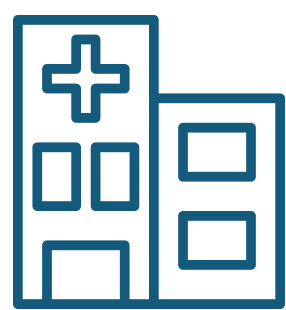
**47%** of the working poor report that they do not have flexibility with their work schedule to take care of family needs such as caring for a sick child or parent



## LACK OF EMPLOYMENT AND EDUCATION EXPERIENCE, LANGUAGE AND RACISM WERE REPORTED AS BARRIERS TO DECENT WORK



**73%** of the working poor have no health benefits and **77%** have no dental benefits



**57%** of the working poor rate their physical health as poor or fair



**62%** of the working poor rate their mental health as poor or fair

## TRANSPORTATION, INADEQUATE HEALTH BENEFITS, AND COST ARE THE MAIN BARRIERS TO ACCESSING HEALTH CARE FOR THE WORKING POOR



**71%** of the working poor have trouble affording food



**52%** of the working poor report not having enough income to meet basic needs

