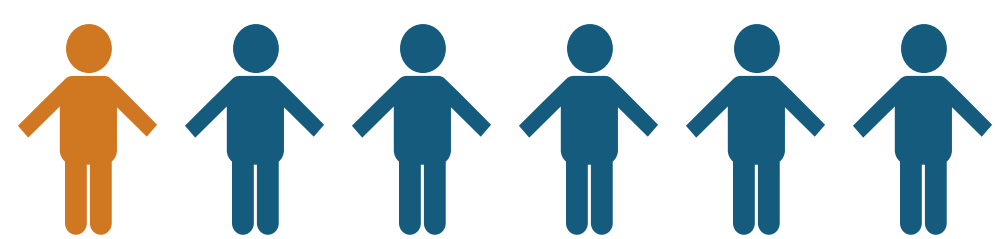




FOOD INSECURITY

GUELPH & WELLINGTON TASK FORCE FOR POVERTY ELIMINATION / 2019



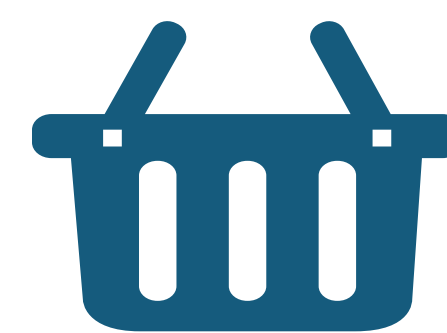
1 in 6 Children

in Canada live in a household that is food insecure.



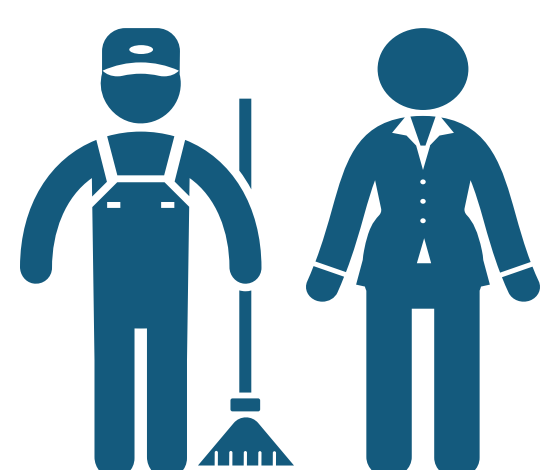
7 in 10 Households

reliant on social assistance in Canada are food insecure.



\$909.69

The monthly cost of a nutritious food basket in Guelph-Wellington



60%

of food insecure households in Ontario have employment income.



Stigma

was identified by users as the #1 barrier to accessing emergency food services in Guelph-Wellington



1 in 4 Households

that rent their accommodation in Canada are food insecure.

The solution is adequate incomes through:

- ✓ Jobs with livable wages and benefits
- ✓ Social assistance rates that reflect the true costs of living, and
- ✓ A basic income guarantee for all.

An adequate income offers these advantages:

- ✓ Addresses the root cause of food insecurity – not enough money
- ✓ Gives individuals & families the means to choose how, when and what food to buy
- ✓ Preserves dignity
- ✓ Supports social inclusion

Source: The Cent\$less Campaign - www.odph.ca/centsless



SOLUTION

LEARN MORE

Spend some time on the **PROOF** website! The goal of this research program is to identify effective policy approaches to reduce household food insecurity.

<http://proof.utoronto.ca/>

Better understand the barriers that food insecure households in Guelph-Wellington face in accessing emergency food services

<http://www.gwpoverity.ca/wp-content/uploads/2014/01/6.-Emergency-Food-Services-GW-April-2013.pdf>

TAKE ACTION

Ask a candidate:

Household food insecurity occurs when there is inadequate or insecure access to food due to financial constraints. In Canada, 1 in 8 households experiences food insecurity. What steps will your party take to reduce this number?

Take action as part of the Cent\$less Campaign:

www.odph.ca/what-can-you-do

